



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Neuhäusel, Tom

□□□: 5:36:00

□□: Berlin

□□: 7.50 km/h

□□: 214

□□□□: 7:58 min/km

□□: 42.18 km

□□□□□/□□□: 203 (of 220)

Marathon

□□□□□/□: 183 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 41(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 23:09 | 6:40 | 38 | 6:50 | 159 | 8:41 | 3.47 | 23:09 | 6:40 | 20 | 2:51 | 185 | | |
| Runde | 3.47 | 23:33 | 6:47 | 39 | 7:12 | 169 | 8:57 | 6.94 | 46:42 | 6:43 | 20 | 4:41 | 185 | 0:01 | |
| Runde | 3.47 | 22:50 | 6:34 | 35 | 6:22 | 140 | 7:54 | 10.41 | 1:09:32 | 6:40 | 16 | 4:49 | 137 | | |
| Runde | 3.47 | 22:51 | 6:35 | 32 | 6:27 | 128 | 7:45 | 13.88 | 1:32:23 | 6:39 | 20 | 6:16 | 170 | | |
| Runde | 3.47 | 23:33 | 6:47 | 36 | 7:28 | 136 | 8:18 | 17.35 | 1:55:56 | 6:40 | 20 | 6:54 | 176 | 10:38 | |
| Runde | 3.47 | 25:31 | 7:21 | 40 | 8:40 | 165 | 10:05 | 20.82 | 2:21:27 | 6:47 | 19 | 8:57 | 161 | 11:54 | |
| Runde | 3.47 | 26:48 | 7:43 | 40 | 9:16 | 166 | 11:41 | 24.29 | 2:48:15 | 6:55 | 20 | 10:35 | 172 | 1:03:05 | |
| Runde | 3.47 | 30:05 | 8:40 | 41 | 12:34 | 181 | 14:22 | 27.76 | 3:18:20 | 7:08 | 16 | 13:55 | 157 | 1:12:48 | |
| Runde | 3.47 | 37:00 | 10:39 | 42 | 19:17 | 191 | 20:46 | 31.23 | 3:55:20 | 7:32 | 20 | 24:23 | 163 | 1:38:13 | |
| Runde | 3.47 | 33:38 | 9:41 | 40 | 14:44 | 184 | 17:04 | 34.70 | 4:28:58 | 7:45 | 20 | 32:08 | 158 | 1:55:14 | |
| Runde | 3.47 | 40:39 | 11:42 | 42 | 20:04 | 191 | 23:47 | 38.17 | 5:09:37 | 8:06 | 20 | 45:31 | 171 | 2:18:54 | |
| Runde | 3.97 | 26:23 | 6:38 | 27 | 6:20 | 101 | 9:32 | 42.18 | 5:36:00 | 7:57 | 41 | 2:02:51 | 186 | 4:14:11 | |