



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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König, Uwe

00: TVG Kaiserau  
00: 166

00: 42.18 km  
Marathon

0000:  
Senioren M50 (50-54 Jahre)

000: 5:40:26

00: 7.40 km/h  
0000: 8:04 min/km

00000/000: 208 (of 220)

00000/0: 186 (of 194)

000000: 3:07:34

00000: 36(of 38)

0000000: 3:42:15

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| 000   | 00   | 00    | 00     | 00 | 00    | 00  | 00    | 000   | 000     | 000    | 00 | 00      | 00  | 00      |
|-------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
|       | km   | 00    | min/km | -  | -     | 0   | 0     | km    | 00      | min/km | -  | -       | 0   | 0       |
| Runde | 3.47 | 22:14 | 6:24   | 25 | 6:22  | 142 | 7:46  | 3.47  | 22:14   | 6:24   | 17 | 1:20    | 188 |         |
| Runde | 3.47 | 22:51 | 6:35   | 24 | 7:09  | 152 | 8:15  | 6.94  | 45:05   | 6:29   | 17 | 0:51    | 188 |         |
| Runde | 3.47 | 24:28 | 7:03   | 37 | 8:22  | 182 | 9:32  | 10.41 | 1:09:33 | 6:40   | 4  | 18:25   | 140 |         |
| Runde | 3.47 | 25:53 | 7:27   | 37 | 9:15  | 190 | 10:47 | 13.88 | 1:35:26 | 6:52   | 17 | 4:20    | 173 |         |
| Runde | 3.47 | 27:30 | 7:55   | 38 | 10:42 | 191 | 12:15 | 17.35 | 2:02:56 | 7:05   | 37 | 6:06    | 188 | 17:38   |
| Runde | 3.47 | 29:58 | 8:38   | 38 | 12:57 | 191 | 14:32 | 20.82 | 2:32:54 | 7:20   | 17 | 12:54   | 164 | 23:21   |
| Runde | 3.47 | 32:21 | 9:19   | 38 | 14:56 | 190 | 17:14 | 24.29 | 3:05:15 | 7:37   | 38 | 16:37   | 191 | 1:20:05 |
| Runde | 3.47 | 30:59 | 8:55   | 37 | 13:08 | 188 | 15:16 | 27.76 | 3:36:14 | 7:47   | 16 | 21:38   | 160 | 1:30:42 |
| Runde | 3.47 | 31:18 | 9:01   | 35 | 12:22 | 179 | 15:04 | 31.23 | 4:07:32 | 7:55   | 18 | 24:46   | 165 | 1:50:25 |
| Runde | 3.47 | 32:03 | 9:14   | 32 | 10:33 | 176 | 15:29 | 34.70 | 4:39:35 | 8:03   | 4  | 41:08   | 161 | 2:05:51 |
| Runde | 3.47 | 31:46 | 9:09   | 31 | 10:37 | 169 | 14:54 | 38.17 | 5:11:21 | 8:09   | 17 | 24:58   | 174 | 2:20:38 |
| Runde | 3.97 | 29:05 | 7:19   | 27 | 8:08  | 153 | 12:14 | 42.18 | 5:40:26 | 8:04   | 36 | 1:58:11 | 189 | 4:18:37 |