



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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König, Uwe

00: TVG Kaiserau
00: 166

00: 42.18 km
Marathon

0000:
Senioren M50 (50-54 Jahre)

000: 5:40:26

00: 7.40 km/h
0000: 8:04 min/km

00000/0000: 208 (of 220)

00000/0: 186 (of 194)

000000: 3:07:34

00000: 36(of 38)

0000000: 3:42:15

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	22:14	6:24	25	6:22	142	7:46	3.47	22:14	6:24	17	1:20	188	
Runde	3.47	22:51	6:35	24	7:09	152	8:15	6.94	45:05	6:29	17	0:51	188	
Runde	3.47	24:28	7:03	37	8:22	182	9:32	10.41	1:09:33	6:40	4	18:25	140	
Runde	3.47	25:53	7:27	37	9:15	190	10:47	13.88	1:35:26	6:52	17	4:20	173	
Runde	3.47	27:30	7:55	38	10:42	191	12:15	17.35	2:02:56	7:05	37	6:06	188	17:38
Runde	3.47	29:58	8:38	38	12:57	191	14:32	20.82	2:32:54	7:20	17	12:54	164	23:21
Runde	3.47	32:21	9:19	38	14:56	190	17:14	24.29	3:05:15	7:37	38	16:37	191	1:20:05
Runde	3.47	30:59	8:55	37	13:08	188	15:16	27.76	3:36:14	7:47	16	21:38	160	1:30:42
Runde	3.47	31:18	9:01	35	12:22	179	15:04	31.23	4:07:32	7:55	18	24:46	165	1:50:25
Runde	3.47	32:03	9:14	32	10:33	176	15:29	34.70	4:39:35	8:03	4	41:08	161	2:05:51
Runde	3.47	31:46	9:09	31	10:37	169	14:54	38.17	5:11:21	8:09	17	24:58	174	2:20:38
Runde	3.97	29:05	7:19	27	8:08	153	12:14	42.18	5:40:26	8:04	36	1:58:11	189	4:18:37