



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Klein, Stephan

□□: LT Düsseldorf-Süd  
 □□: 162

□□: 42.18 km  
 Marathon

□□□□:  
 Senioren M50 (50-54 Jahre)

□□□: 5:56:03

□□: 7.08 km/h  
 □□□□: 8:26 min/km

□□□□□/□□□: 213 (of 220)

□□□□□/□: 190 (of 194)

□□□□□□: 3:07:34

□□□□□: 38(of 38)

□□□□□□□: 3:42:15

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	24:15	6:59	37	8:23	183	9:47	3.47	24:15	6:59	19	3:21	192	1:04
Runde	3.47	23:50	6:52	34	8:08	178	9:14	6.94	48:05	6:55	19	3:51	192	1:24
Runde	3.47	24:06	6:56	32	8:00	173	9:10	10.41	1:12:11	6:56	2	21:03	144	0:10
Runde	3.47	25:04	7:13	35	8:26	184	9:58	13.88	1:37:15	7:00	19	6:09	177	
Runde	3.47	26:19	7:35	37	9:31	187	11:04	17.35	2:03:34	7:07	17	6:44	181	18:16
Runde	3.47	27:20	7:52	35	10:19	186	11:54	20.82	2:30:54	7:14	19	10:54	168	21:21
Runde	3.47	29:07	8:23	37	11:42	187	14:00	24.29	3:00:01	7:24	37	11:23	189	1:14:51
Runde	3.47	30:46	8:51	36	12:55	185	15:03	27.76	3:30:47	7:35	18	16:11	164	1:25:15
Runde	3.47	35:02	10:05	38	16:06	190	18:48	31.23	4:05:49	7:52	38	23:03	191	1:48:42
Runde	3.47	38:22	11:03	38	16:52	191	21:48	34.70	4:44:11	8:11	2	45:44	165	2:10:27
Runde	3.47	36:26	10:29	38	15:17	190	19:34	38.17	5:20:37	8:23	19	34:14	177	2:29:54
Runde	3.97	35:26	8:55	38	14:29	190	18:35	42.18	5:56:03	8:26	38	2:13:48	193	4:34:14