



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Brennwald, Adrian

□□□: 3:07:34

□□: Salomon Schweiz

□□: 13.44 km/h

□□: 43

□□□□: 4:27 min/km

□□: 42.18 km

□□□□□/□□□: 1 (of 220)

Marathon

□□□□□/□: 1 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 1(of 24)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:07:34

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 14:28 | 4:10 | 1 | - | 1 | - | 3.47 | 14:28 | 4:10 | 24 | - | 3 | |
| Runde | 3.47 | 14:36 | 4:12 | 1 | - | 1 | - | 6.94 | 29:04 | 4:11 | 24 | - | 3 | |
| Runde | 3.47 | 14:56 | 4:18 | 1 | - | 1 | - | 10.41 | 44:00 | 4:13 | 16 | - | 2 | |
| Runde | 3.47 | 15:19 | 4:24 | 1 | - | 2 | 0:13 | 13.88 | 59:19 | 4:16 | 22 | - | 3 | |
| Runde | 3.47 | 15:18 | 4:24 | 1 | - | 2 | 0:03 | 17.35 | 1:14:37 | 4:18 | 23 | - | 2 | |
| Runde | 3.47 | 15:26 | 4:26 | 1 | - | 1 | - | 20.82 | 1:30:03 | 4:19 | 20 | - | 2 | |
| Runde | 3.47 | 15:07 | 4:21 | 1 | - | 1 | - | 24.29 | 1:45:10 | 4:19 | 13 | - | 1 | - |
| Runde | 3.47 | 15:43 | 4:31 | 1 | - | 1 | - | 27.76 | 2:00:53 | 4:21 | 20 | - | 166 | |
| Runde | 3.47 | 16:14 | 4:40 | 1 | - | 1 | - | 31.23 | 2:17:07 | 4:23 | 19 | - | 1 | - |
| Runde | 3.47 | 16:37 | 4:47 | 1 | - | 2 | 0:03 | 34.70 | 2:33:44 | 4:25 | 9 | - | 1 | - |
| Runde | 3.47 | 16:59 | 4:53 | 1 | - | 2 | 0:07 | 38.17 | 2:50:43 | 4:28 | 20 | - | 1 | - |
| Runde | 3.97 | 16:51 | 4:14 | 1 | - | 1 | - | 42.18 | 3:07:34 | 4:26 | 2 | 32:47 | 4 | 1:45:45 |