



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

□□□□

Wagner, Thomas

□□: Spiridon Frankfurt
 □□: 318

□□: 42.18 km
 Marathon

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 3:33:12

□□: 11.82 km/h
 □□□□: 5:03 min/km

□□□□□/□□□□: 7 (of 220)

□□□□□/□: 7 (of 194)

□□□□□□: 3:07:34

□□□□□: 1(of 44)

□□□□□□□: 3:33:12

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------|------|-------|--------|----|------|----|------|-------|---------|--------|----|----|-----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Runde | 3.47 | 16:22 | 4:42 | 3 | 0:12 | 11 | 1:54 | 3.47 | 16:22 | 4:42 | 34 | - | 7 | - |
| Runde | 3.47 | 16:32 | 4:45 | 3 | 0:31 | 10 | 1:56 | 6.94 | 32:54 | 4:44 | 34 | - | 8 | - |
| Runde | 3.47 | 16:38 | 4:47 | 3 | 0:39 | 12 | 1:42 | 10.41 | 49:32 | 4:45 | 5 | - | 7 | - |
| Runde | 3.47 | 16:39 | 4:47 | 2 | 0:09 | 10 | 1:33 | 13.88 | 1:06:11 | 4:46 | 43 | - | 184 | - |
| Runde | 3.47 | 17:02 | 4:54 | 1 | - | 7 | 1:47 | 17.35 | 1:23:13 | 4:47 | 2 | - | 7 | - |
| Runde | 3.47 | 17:02 | 4:54 | 2 | 0:06 | 9 | 1:36 | 20.82 | 1:40:15 | 4:48 | 24 | - | 7 | - |
| Runde | 3.47 | 17:31 | 5:02 | 1 | - | 7 | 2:24 | 24.29 | 1:57:46 | 4:50 | 2 | - | 6 | 12:36 |
| Runde | 3.47 | 17:43 | 5:06 | 1 | - | 7 | 2:00 | 27.76 | 2:15:29 | 4:52 | 5 | - | 4 | 9:57 |
| Runde | 3.47 | 18:27 | 5:19 | 1 | - | 7 | 2:13 | 31.23 | 2:33:56 | 4:55 | 33 | - | 6 | 16:49 |
| Runde | 3.47 | 19:25 | 5:35 | 3 | 0:06 | 9 | 2:51 | 34.70 | 2:53:21 | 4:59 | 3 | - | 6 | 19:37 |
| Runde | 3.47 | 19:56 | 5:44 | 3 | 0:55 | 8 | 3:04 | 38.17 | 3:13:17 | 5:03 | 2 | - | 4 | 22:34 |
| Runde | 3.97 | 19:55 | 5:01 | 5 | 1:18 | 10 | 3:04 | 42.18 | 3:33:12 | 5:03 | 1 | - | 10 | 2:11:23 |