



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

0000

Hviid, Per

00: Club Running26

00: 143

00: 42.18 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 3:40:27

00: 11.43 km/h

0000: 5:14 min/km

00000/0000: 10 (of 220)

00000/0: 10 (of 194)

000000: 3:07:34

00000: 4(of 44)

0000000: 3:33:12

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-------|------|-------|--------|----|------|----|------|-------|---------|--------|----|------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Runde | 3.47 | 16:25 | 4:43 | 4 | 0:15 | 14 | 1:57 | 3.47 | 16:25 | 4:43 | 26 | - | 12 | |
| Runde | 3.47 | 16:45 | 4:49 | 4 | 0:44 | 13 | 2:09 | 6.94 | 33:10 | 4:46 | 26 | - | 12 | |
| Runde | 3.47 | 17:08 | 4:56 | 4 | 1:09 | 13 | 2:12 | 10.41 | 50:18 | 4:49 | 21 | - | 11 | |
| Runde | 3.47 | 18:15 | 5:15 | 5 | 1:45 | 25 | 3:09 | 13.88 | 1:08:33 | 4:56 | 25 | - | 7 | |
| Runde | 3.47 | 18:12 | 5:14 | 4 | 1:10 | 18 | 2:57 | 17.35 | 1:26:45 | 5:00 | 25 | - | 11 | |
| Runde | 3.47 | 19:17 | 5:33 | 8 | 2:21 | 32 | 3:51 | 20.82 | 1:46:02 | 5:05 | 26 | - | 11 | |
| Runde | 3.47 | 18:29 | 5:19 | 3 | 0:58 | 10 | 3:22 | 24.29 | 2:04:31 | 5:07 | 25 | - | 9 | 19:21 |
| Runde | 3.47 | 18:37 | 5:21 | 3 | 0:54 | 11 | 2:54 | 27.76 | 2:23:08 | 5:09 | 23 | - | 8 | 17:36 |
| Runde | 3.47 | 19:17 | 5:33 | 3 | 0:50 | 12 | 3:03 | 31.23 | 2:42:25 | 5:12 | 26 | - | 10 | 25:18 |
| Runde | 3.47 | 19:21 | 5:34 | 2 | 0:02 | 7 | 2:47 | 34.70 | 3:01:46 | 5:14 | 24 | - | 9 | 28:02 |
| Runde | 3.47 | 19:31 | 5:37 | 2 | 0:30 | 6 | 2:39 | 38.17 | 3:21:17 | 5:16 | 26 | - | 8 | 30:34 |
| Runde | 3.97 | 19:10 | 4:49 | 2 | 0:33 | 6 | 2:19 | 42.18 | 3:40:27 | 5:13 | 4 | 7:15 | 13 | 2:18:38 |