



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Mörth, Sascha

□□□: 3:49:28

□□: Team Erdinger Alkoholfrei

□□: 10.98 km/h

□□: 204

□□□□: 5:26 min/km

□□: 42.18 km

□□□□□/□□□: 18 (of 220)

Marathon

□□□□□/□: 18 (of 194)

□□□□□□: 3:07:34

□□□□:

□□□□□: 3(of 42)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:33:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	17:30	5:02	7	1:11	32	3:02	3.47	17:30	5:02	24	-	19	-
Runde	3.47	17:27	5:01	5	1:06	23	2:51	6.94	34:57	5:02	24	-	19	-
Runde	3.47	17:51	5:08	4	1:23	22	2:55	10.41	52:48	5:04	20	-	15	-
Runde	3.47	17:57	5:10	4	1:33	19	2:51	13.88	1:10:45	5:05	23	-	11	-
Runde	3.47	18:21	5:17	4	2:16	23	3:06	17.35	1:29:06	5:08	24	-	18	-
Runde	3.47	18:44	5:23	4	1:53	21	3:18	20.82	1:47:50	5:10	23	-	18	-
Runde	3.47	19:18	5:33	3	1:46	23	4:11	24.29	2:07:08	5:14	40	-	184	21:58
Runde	3.47	19:44	5:41	4	2:13	22	4:01	27.76	2:26:52	5:17	20	-	15	21:20
Runde	3.47	20:42	5:57	6	2:59	23	4:28	31.23	2:47:34	5:21	24	-	17	30:27
Runde	3.47	20:26	5:53	2	1:32	14	3:52	34.70	3:08:00	5:25	42	-	172	34:16
Runde	3.47	21:25	6:10	3	0:50	19	4:33	38.17	3:29:25	5:29	24	-	15	38:42
Runde	3.97	20:03	5:03	1	-	12	3:12	42.18	3:49:28	5:26	3	16:19	21	2:27:39