



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Fahldieck, Stefan

000: 3:55:51

00: LT Hämelerwald

00: 10.68 km/h

00: 72

0000: 5:35 min/km

00: 42.18 km

00000/000: 25 (of 220)

Marathon

00000/0: 24 (of 194)

000000: 3:07:34

0000:

00000: 4(of 14)

Senioren M30 (30-34 Jahre)

0000000: 3:13:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	19:42	5:40	10	4:36	65	5:14	3.47	19:42	5:40	4	4:36	26	
Runde	3.47	19:02	5:29	7	3:49	55	4:26	6.94	38:44	5:34	4	8:25	26	
Runde	3.47	18:58	5:27	6	3:52	47	4:02	10.41	57:42	5:32	4	12:17	25	
Runde	3.47	19:02	5:29	6	3:56	38	3:56	13.88	1:16:44	5:31	3	16:13	16	
Runde	3.47	18:57	5:27	6	3:42	31	3:42	17.35	1:35:41	5:30	4	19:55	25	
Runde	3.47	19:17	5:33	7	3:40	32	3:51	20.82	1:54:58	5:31	4	23:35	25	
Runde	3.47	19:34	5:38	6	4:06	28	4:27	24.29	2:14:32	5:32	3	27:41	15	29:22
Runde	3.47	19:27	5:36	4	3:23	17	3:44	27.76	2:33:59	5:32	3	28:27	22	28:27
Runde	3.47	19:41	5:40	4	2:58	13	3:27	31.23	2:53:40	5:33	4	34:02	24	36:33
Runde	3.47	20:35	5:55	4	3:37	15	4:01	34.70	3:14:15	5:35	3	37:39	16	40:31
Runde	3.47	20:56	6:01	4	2:19	14	4:04	38.17	3:35:11	5:38	3	39:58	22	44:28
Runde	3.97	20:40	5:12	3	1:59	14	3:49	42.18	3:55:51	5:35	4	41:57	27	2:34:02