



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Inge, Alexander

□□: SSC Hanau-Rodenbach

□□: 144

□□: 42.18 km

Marathon

□□□□:

männliche Jugend U20 (18-19 Jahre)

□□□: 3:56:50

□□: 10.64 km/h

□□□□: 5:37 min/km

□□□□□/□□□: 26 (of 220)

□□□□□/□: 25 (of 194)

□□□□□□: 3:07:34

□□□□□: 1(of 1)

□□□□□□□: 3:56:50

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	17:04	4:55	1	-	24	2:36	3.47	17:04	4:55	1	-	20	
Runde	3.47	17:03	4:54	1	-	16	2:27	6.94	34:07	4:54	1	-	27	
Runde	3.47	17:08	4:56	1	-	13	2:12	10.41	51:15	4:55	1	-	26	
Runde	3.47	16:43	4:49	1	-	11	1:37	13.88	1:07:58	4:53	1	-	186	
Runde	3.47	17:06	4:55	1	-	8	1:51	17.35	1:25:04	4:54	1	-	26	
Runde	3.47	17:27	5:01	1	-	10	2:01	20.82	1:42:31	4:55	1	-	26	
Runde	3.47	18:51	5:25	1	-	12	3:44	24.29	2:01:22	4:59	1	-	16	16:12
Runde	3.47	20:42	5:57	1	-	36	4:59	27.76	2:22:04	5:07	1	-	23	16:32
Runde	3.47	21:31	6:12	1	-	38	5:17	31.23	2:43:35	5:14	1	-	25	26:28
Runde	3.47	24:12	6:58	1	-	59	7:38	34.70	3:07:47	5:24	1	-	171	34:03
Runde	3.47	24:40	7:06	1	-	52	7:48	38.17	3:32:27	5:33	1	-	23	41:44
Runde	3.97	24:23	6:08	1	-	57	7:32	42.18	3:56:50	5:36	1	-	28	2:35:01