



# 12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Jungbauer, Marcus

□□: Stegaurach  
 □□: 149

□□: 42.18 km  
 Marathon

□□□□:  
 Senioren M30 (30-34 Jahre)

□□□: 4:00:05

□□: 10.50 km/h  
 □□□□: 5:41 min/km

□□□□□/□□□□: 29 (of 220)

□□□□□/□: 28 (of 194)

□□□□□□: 3:07:34

□□□□□: 6(of 14)

□□□□□□□: 3:13:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	17:02	4:54	4	1:56	22	2:34	3.47	17:02	4:54	6	1:56	31	
Runde	3.47	18:00	5:11	6	2:47	35	3:24	6.94	35:02	5:02	6	4:43	31	
Runde	3.47	18:02	5:11	5	2:56	25	3:06	10.41	53:04	5:05	6	7:39	30	
Runde	3.47	17:45	5:06	3	2:39	18	2:39	13.88	1:10:49	5:06	14	10:18	188	
Runde	3.47	18:20	5:17	4	3:05	21	3:05	17.35	1:29:09	5:08	6	13:23	30	
Runde	3.47	19:02	5:29	5	3:25	29	3:36	20.82	1:48:11	5:11	6	16:48	30	
Runde	3.47	19:31	5:37	5	4:03	27	4:24	24.29	2:07:42	5:15	5	20:51	19	22:32
Runde	3.47	19:50	5:42	5	3:46	24	4:07	27.76	2:27:32	5:18	5	22:00	27	22:00
Runde	3.47	21:26	6:10	6	4:43	34	5:12	31.23	2:48:58	5:24	6	29:20	29	31:51
Runde	3.47	22:37	6:31	6	5:39	36	6:03	34.70	3:11:35	5:31	5	34:59	20	37:51
Runde	3.47	23:52	6:52	6	5:15	42	7:00	38.17	3:35:27	5:38	5	40:14	27	44:44
Runde	3.97	24:38	6:12	6	5:57	66	7:47	42.18	4:00:05	5:41	6	46:11	31	2:38:16