



12. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 16.11.2013

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Beyer, Jörg

00: Bundespolizei See Warnemünde
00: 31

00: 42.18 km
Marathon

0000:
Senioren M45 (45-49 Jahre)

000: 4:05:38

00: 10.26 km/h
0000: 5:49 min/km

00000/0000: 34 (of 220)

00000/0: 32 (of 194)

000000: 3:07:34

00000: 8(of 44)

0000000: 3:33:12

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	17:32	5:03	10	1:22	33	3:04	3.47	17:32	5:03	30	-	34	
Runde	3.47	17:41	5:05	7	1:40	27	3:05	6.94	35:13	5:04	30	-	34	
Runde	3.47	18:10	5:14	8	2:11	29	3:14	10.41	53:23	5:07	25	-	33	
Runde	3.47	19:08	5:30	9	2:38	41	4:02	13.88	1:12:31	5:13	28	-	22	
Runde	3.47	19:48	5:42	11	2:46	53	4:33	17.35	1:32:19	5:19	29	-	33	
Runde	3.47	21:04	6:04	14	4:08	72	5:38	20.82	1:53:23	5:26	30	-	33	
Runde	3.47	21:56	6:19	15	4:25	72	6:49	24.29	2:15:19	5:34	28	-	21	30:09
Runde	3.47	21:38	6:14	9	3:55	47	5:55	27.76	2:36:57	5:39	27	-	30	31:25
Runde	3.47	21:41	6:14	8	3:14	40	5:27	31.23	2:58:38	5:43	30	-	32	41:31
Runde	3.47	22:10	6:23	8	2:51	29	5:36	34.70	3:20:48	5:47	25	-	23	47:04
Runde	3.47	22:58	6:37	7	3:57	30	6:06	38.17	3:43:46	5:51	30	-	30	53:03
Runde	3.97	21:52	5:30	10	3:15	32	5:01	42.18	4:05:38	5:49	8	32:26	35	2:43:49