



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Herzog, Emilie

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Team: LTV Erfurt

Age: 253

Distance: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

weibliche Jugend U16 (14-15 Jahre)

Time: 18:54

Speed: 12.70 km/h

Pace: 4:43 min/km

Rank/Total: 96 (of 446)

Rank/Category: 15 (of 168)

Rank/Distance: 13:59

Rank/Category: 3(of 10)

Rank/Distance: 16:04

Results

Results

Results

km	Time	Pace	Rank	Time	Pace	Rank	Time	Pace	Rank	Time	Pace	Rank	Time	Pace	Rank
km	Time	Pace	Rank	km	Time	Pace	Rank	km	Time	Pace	Rank	km	Time	Pace	Rank
2.00	9:20	4:40	3	1:20	15	2:25	2.00	9:20	4:40	2	1:20	10	2:25		
2.00	9:34	4:46	3	1:30	14	2:30	4.00	18:54	4:43	3	2:50	15	4:55		