



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Möller, Manuel

000: 1:48:14

00: Nudelvergaser

00: 12.61 km/h

00: 323

0000: 4:46 min/km

00: 22.75 km

00000/000: 43 (of 188)

Halbmarathon

00000/0: 42 (of 156)

000000: 1:25:29

0000:

00000: 9(of 16)

Senioren M30 (30-34 Jahre)

0000000: 1:29:39

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	13:57	4:17	6	2:20	30	2:23	3.25	13:57	4:17	9	2:20	44	
00 2	3.25	14:39	4:30	6	2:07	27	2:22	6.50	28:36	4:24	9	4:27	44	
00 3	3.25	15:16	4:41	9	2:20	44	2:57	9.75	43:52	4:29	9	6:47	44	
00 4	3.25	14:48	4:33	6	1:39	22	2:29	13.00	58:40	4:30	9	8:26	43	10:11
00 5	3.25	15:42	4:49	8	2:23	40	3:24	16.25	1:14:22	4:34	9	10:49	42	13:35
00 6	3.25	16:32	5:05	8	3:18	46	4:07	19.50	1:30:54	4:39	9	14:07	42	17:42
000 00	3.25	17:20	5:19	14	4:28	70	5:03	22.75	1:48:14	4:45	9	18:35	42	22:45