



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Kühne, Ulf

00: Eastrun

00: 75

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 3:13:34

00: 13.02 km/h

0000: 4:35 min/km

00000/0000: 7 (of 114)

00000/0: 7 (of 100)

000000: 2:50:01

00000: 3(of 25)

0000000: 3:06:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:05	4:20	5	0:51	9	2:05	3.25	14:05	4:20	24	-	68	
00 2	3.25	14:27	4:26	5	0:40	12	1:45	6.50	28:32	4:23	24	-	68	
00 3	3.25	14:46	4:32	4	1:09	10	2:07	9.75	43:18	4:26	24	-	68	
00 4	3.25	14:53	4:34	3	1:21	8	2:16	13.00	58:11	4:28	24	-	68	
00 5	3.25	14:47	4:32	3	1:25	9	2:06	16.25	1:12:58	4:29	24	-	68	
00 6	3.25	14:32	4:28	4	1:06	8	1:37	19.50	1:27:30	4:29	24	-	70	
00 7	3.25	14:54	4:35	4	1:24	10	1:53	22.75	1:42:24	4:30	24	-	70	
00 8	3.25	14:54	4:35	2	0:32	6	1:39	26.00	1:57:18	4:30	24	-	69	
00 9	3.25	15:04	4:38	4	0:16	8	1:40	29.25	2:12:22	4:31	24	-	69	
00 10	3.25	15:02	4:37	3	0:04	6	1:29	32.50	2:27:24	4:32	24	-	70	
00 11	3.25	15:15	4:41	4	0:26	8	1:43	35.75	2:42:39	4:32	24	-	69	
00 12	3.25	15:36	4:47	3	0:24	6	1:39	39.00	2:58:15	4:34	24	-	70	
000 00	3.25	15:19	4:42	3	0:44	9	1:34	42.25	3:13:34	4:34	3	7:26	7	23:33