



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Jüchter, Birger

00: Rennschnecken 2000 e.V.

00: 58

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 3:36:49

00: 11.62 km/h

0000: 5:08 min/km

00000/0000: 21 (of 114)

00000/0: 20 (of 100)

000000: 2:50:01

00000: 8(of 25)

0000000: 3:06:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:55	5:12	16	3:41	57	4:55	3.25	16:55	5:12	19	-	56	
00 2	3.25	17:10	5:16	17	3:23	53	4:28	6.50	34:05	5:14	19	-	56	
00 3	3.25	17:06	5:15	17	3:29	51	4:27	9.75	51:11	5:14	19	-	56	
00 4	3.25	16:25	5:03	11	2:53	35	3:48	13.00	1:07:36	5:11	19	-	56	
00 5	3.25	16:32	5:05	10	3:10	31	3:51	16.25	1:24:08	5:10	19	-	56	
00 6	3.25	16:14	4:59	8	2:48	21	3:19	19.50	1:40:22	5:08	19	-	57	
00 7	3.25	16:11	4:58	8	2:41	22	3:10	22.75	1:56:33	5:07	19	-	57	
00 8	3.25	16:44	5:08	7	2:22	21	3:29	26.00	2:13:17	5:07	19	-	57	
00 9	3.25	16:13	4:59	7	1:25	18	2:49	29.25	2:29:30	5:06	19	-	57	
00 10	3.25	16:32	5:05	7	1:34	17	2:59	32.50	2:46:02	5:06	19	-	57	
00 11	3.25	16:50	5:10	6	2:01	13	3:18	35.75	3:02:52	5:06	19	-	57	
00 12	3.25	17:15	5:18	7	2:03	14	3:18	39.00	3:20:07	5:07	19	-	57	
000 00	3.25	16:42	5:08	6	2:07	17	2:57	42.25	3:36:49	5:07	8	30:41	20	46:48