



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

□□□□

Gasa, Carola

□□: SV Mihla

□□: 30

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:41:47

□□: 11.43 km/h

□□□□: 5:15 min/km

□□□□□/□□□: 31 (of 114)

□□□□□/□: 4 (of 14)

□□□□□□: 3:28:49

□□□□□: 2(of 4)

□□□□□□□: 3:38:17

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:04	4:56	3	1:26	7	1:43	3.25	16:04	4:56	2	1:26	5	0:44
□□ 2	3.25	16:34	5:05	3	0:50	5	1:03	6.50	32:38	5:01	2	2:16	4	2:46
□□ 3	3.25	16:44	5:08	3	0:33	4	0:52	9.75	49:22	5:03	2	2:49	4	3:38
□□ 4	3.25	16:50	5:10	3	0:37	4	0:58	13.00	1:06:12	5:05	2	3:26	4	4:36
□□ 5	3.25	17:06	5:15	2	0:31	3	1:04	16.25	1:23:18	5:07	2	2:50	4	5:40
□□ 6	3.25	17:14	5:18	3	1:04	5	1:04	19.50	1:40:32	5:09	2	3:54	4	6:23
□□ 7	3.25	16:30	5:04	1	-	2	0:31	22.75	1:57:02	5:08	2	3:54	4	6:54
□□ 8	3.25	17:01	5:14	2	0:09	3	0:27	26.00	2:14:03	5:09	2	4:03	4	7:21
□□ 9	3.25	16:49	5:10	2	0:03	2	0:03	29.25	2:30:52	5:09	2	4:06	4	7:15
□□ 10	3.25	17:11	5:17	2	0:03	3	0:35	32.50	2:48:03	5:10	2	4:09	4	7:50
□□ 11	3.25	18:26	5:40	1	-	4	1:54	35.75	3:06:29	5:12	2	3:54	4	9:44
□□ 12	3.25	17:43	5:27	2	0:07	5	1:17	39.00	3:24:12	5:14	2	4:01	4	11:01
□□□ □□	3.25	17:35	5:24	1	-	4	1:57	42.25	3:41:47	5:14	2	3:30	4	12:58