



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

□□□□

Müller, Michael

□□: HSV Birnfeld

□□: 90

□□: 42.25 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:42:50

□□: 11.38 km/h

□□□□: 5:16 min/km

□□□□□/□□□: 33 (of 114)

□□□□□/□: 29 (of 100)

□□□□□□: 2:50:01

□□□□□: 3(of 19)

□□□□□□□: 3:07:48

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	16:06	4:57	5	2:33	38	4:06	3.25	16:06	4:57	18	-	-	97	
□□ 2	3.25	16:14	4:59	4	2:23	31	3:32	6.50	32:20	4:58	18	-	-	97	
□□ 3	3.25	16:19	5:01	4	2:32	31	3:40	9.75	48:39	4:59	18	-	-	97	
□□ 4	3.25	16:16	5:00	4	2:17	30	3:39	13.00	1:04:55	4:59	18	-	-	97	
□□ 5	3.25	16:32	5:05	5	2:12	31	3:51	16.25	1:21:27	5:00	18	-	-	97	
□□ 6	3.25	16:51	5:11	4	2:20	31	3:56	19.50	1:38:18	5:02	18	-	-	97	
□□ 7	3.25	16:59	5:13	4	2:24	30	3:58	22.75	1:55:17	5:04	18	-	-	97	
□□ 8	3.25	16:58	5:13	3	2:19	28	3:43	26.00	2:12:15	5:05	18	-	-	97	
□□ 9	3.25	17:52	5:29	6	2:58	38	4:28	29.25	2:30:07	5:07	18	-	-	97	
□□ 10	3.25	18:16	5:37	6	3:29	33	4:43	32.50	2:48:23	5:10	18	-	-	97	
□□ 11	3.25	18:10	5:35	4	3:14	27	4:38	35.75	3:06:33	5:13	18	-	-	97	
□□ 12	3.25	18:07	5:34	3	3:00	22	4:10	39.00	3:24:40	5:14	18	-	-	97	
□□□ □□	3.25	18:10	5:35	5	3:21	27	4:25	42.25	3:42:50	5:16	3	35:02	29	52:49	