



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Loeber, Ralf

00: TEA

00: 80

00: 42.25 km

Marathon

0000:

Senioren M35 (35-39 Jahre)

000: 3:55:49

00: 10.69 km/h

0000: 5:35 min/km

00000/0000: 48 (of 114)

00000/0: 42 (of 100)

000000: 2:50:01

00000: 5(of 11)

0000000: 2:50:01

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	16:11	4:58	7	4:11	41	4:11	3.25	16:11	4:58	5	4:11	84	
00 2	3.25	16:17	5:00	6	3:35	32	3:35	6.50	32:28	4:59	5	7:46	84	
00 3	3.25	16:24	5:02	6	3:45	36	3:45	9.75	48:52	5:00	5	11:31	84	
00 4	3.25	16:34	5:05	7	3:57	39	3:57	13.00	1:05:26	5:01	5	15:28	84	
00 5	3.25	16:37	5:06	6	3:56	33	3:56	16.25	1:22:03	5:02	5	19:24	84	
00 6	3.25	17:06	5:15	6	4:11	38	4:11	19.50	1:39:09	5:05	5	23:35	84	
00 7	3.25	17:27	5:22	5	4:26	39	4:26	22.75	1:56:36	5:07	5	28:01	84	
00 8	3.25	18:38	5:44	6	5:23	52	5:23	26.00	2:15:14	5:12	5	33:24	84	
00 9	3.25	17:37	5:25	4	4:13	34	4:13	29.25	2:32:51	5:13	5	37:37	84	
00 10	3.25	20:23	6:16	6	6:50	59	6:50	32.50	2:53:14	5:19	5	44:27	84	
00 11	3.25	20:29	6:18	5	6:57	56	6:57	35.75	3:13:43	5:25	5	51:24	84	
00 12	3.25	20:33	6:19	5	6:36	48	6:36	39.00	3:34:16	5:29	5	58:00	84	
000 00	3.25	21:33	6:37	8	7:48	63	7:48	42.25	3:55:49	5:34	5	1:05:48	42	1:05:48