



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Staszko, Daniel

00: Team Camerone

00: 128

00: 42.25 km

Marathon

0000:

Senioren M30 (30-34 Jahre)

000: 3:55:56

00: 10.68 km/h

0000: 5:35 min/km

00000/0000: 49 (of 114)

00000/0: 43 (of 100)

000000: 2:50:01

00000: 3(of 5)

0000000: 3:19:40

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:36	6:01	4	5:27	92	7:36	3.25	19:36	6:01	3	5:27	10	1:29
00 2	3.25	19:15	5:55	4	4:18	85	6:33	6.50	38:51	5:58	3	9:45	10	1:52
00 3	3.25	19:09	5:53	4	3:55	83	6:30	9.75	58:00	5:56	3	13:40	10	2:08
00 4	3.25	19:24	5:58	4	4:29	80	6:47	13.00	1:17:24	5:57	3	18:09	10	2:07
00 5	3.25	18:08	5:34	4	3:41	63	5:27	16.25	1:35:32	5:52	3	21:50	10	1:12
00 6	3.25	19:48	6:05	4	5:15	82	6:53	19.50	1:55:20	5:54	3	27:05	10	1:34
00 7	3.25	19:14	5:55	5	3:51	70	6:13	22.75	2:14:34	5:54	3	30:56	83	1:36
00 8	3.25	16:59	5:13	3	1:03	29	3:44	26.00	2:31:33	5:49	3	31:59	83	0:05
00 9	3.25	15:56	4:54	2	0:15	14	2:32	29.25	2:47:29	5:43	3	32:14	83	
00 10	3.25	16:28	5:03	2	0:24	14	2:55	32.50	3:03:57	5:39	3	32:38	83	
00 11	3.25	16:58	5:13	2	0:58	15	3:26	35.75	3:20:55	5:37	3	33:36	83	
00 12	3.25	17:56	5:31	3	1:40	21	3:59	39.00	3:38:51	5:36	3	35:16	83	
000 00	3.25	17:05	5:15	3	1:00	20	3:20	42.25	3:55:56	5:35	3	36:16	43	1:05:55