



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Rieß, Frieder

000: 4:10:16

00: Siebenlehner SV- Abt. Radsport

00: 10.07 km/h

00: 112

0000: 5:55 min/km

00: 42.25 km

00000/000: 65 (of 114)

Marathon

00000/0: 59 (of 100)

000000: 2:50:01

0000:

00000: 1(of 6)

Senioren M60 (60-64 Jahre)

0000000: 4:10:16

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:04	4:38	1	-	24	3:04	3.25	15:04	4:38	1	-	17	
00 2	3.25	16:21	5:01	1	-	35	3:39	6.50	31:25	4:50	1	-	12	
00 3	3.25	17:12	5:17	1	-	53	4:33	9.75	48:37	4:59	1	-	17	
00 4	3.25	17:45	5:27	1	-	59	5:08	13.00	1:06:22	5:06	1	-	17	
00 5	3.25	18:01	5:32	1	-	60	5:20	16.25	1:24:23	5:11	1	-	17	
00 6	3.25	18:20	5:38	1	-	62	5:25	19.50	1:42:43	5:16	1	-	17	
00 7	3.25	19:06	5:52	1	-	67	6:05	22.75	2:01:49	5:21	1	-	17	
00 8	3.25	19:35	6:01	1	-	60	6:20	26.00	2:21:24	5:26	1	-	17	
00 9	3.25	20:15	6:13	4	0:48	64	6:51	29.25	2:41:39	5:31	1	-	17	
00 10	3.25	21:02	6:28	3	1:08	70	7:29	32.50	3:02:41	5:37	1	-	17	
00 11	3.25	21:54	6:44	4	1:39	69	8:22	35.75	3:24:35	5:43	1	-	17	
00 12	3.25	22:32	6:56	4	2:23	70	8:35	39.00	3:47:07	5:49	1	-	17	
000 00	3.25	23:09	7:07	4	2:54	76	9:24	42.25	4:10:16	5:55	1	-	59	1:20:15