



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Steiner, Daniel

00: marathon4you.de

00: 131

00: 42.25 km

Marathon

0000:

Senioren M50 (50-54 Jahre)

000: 4:10:56

00: 10.04 km/h

0000: 5:56 min/km

00000/0000: 67 (of 114)

00000/0: 61 (of 100)

000000: 2:50:01

00000: 10(of 19)

0000000: 3:07:48

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:49	5:47	16	5:16	84	6:49	3.25	18:49	5:47	1	-	15	0:42
00 2	3.25	18:35	5:43	14	4:44	80	5:53	6.50	37:24	5:45	1	-	15	0:25
00 3	3.25	18:24	5:39	12	4:37	77	5:45	9.75	55:48	5:43	1	-	15	
00 4	3.25	18:19	5:38	12	4:20	70	5:42	13.00	1:14:07	5:42	1	-	15	
00 5	3.25	17:52	5:29	11	3:32	57	5:11	16.25	1:31:59	5:39	1	-	15	
00 6	3.25	16:51	5:11	4	2:20	31	3:56	19.50	1:48:50	5:34	1	-	15	
00 7	3.25	17:39	5:25	6	3:04	40	4:38	22.75	2:06:29	5:33	1	-	15	
00 8	3.25	18:17	5:37	9	3:38	44	5:02	26.00	2:24:46	5:34	1	-	15	
00 9	3.25	22:13	6:50	18	7:19	86	8:49	29.25	2:46:59	5:42	1	-	15	
00 10	3.25	20:35	6:19	12	5:48	61	7:02	32.50	3:07:34	5:46	1	-	15	
00 11	3.25	20:10	6:12	9	5:14	47	6:38	35.75	3:27:44	5:48	1	-	15	
00 12	3.25	22:37	6:57	15	7:30	72	8:40	39.00	3:50:21	5:54	1	-	15	
000 00	3.25	20:35	6:19	9	5:46	52	6:50	42.25	4:10:56	5:56	10	1:03:08	61	1:20:55