



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Neuhaus, Ilga

00: Life is running

00: 94

00: 42.25 km

Marathon

0000:

Seniorinnen W40 (40-44 Jahre)

000: 4:11:11

00: 10.03 km/h

0000: 5:57 min/km

00000/0000: 68 (of 114)

00000/0: 7 (of 14)

000000: 3:28:49

00000: 1(of 2)

0000000: 4:11:11

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:40	4:49	1	-	5	1:19	3.25	15:40	4:49	1	-	8	0:20
00 2	3.25	16:31	5:04	1	-	4	1:00	6.50	32:11	4:57	1	-	7	2:19
00 3	3.25	17:29	5:22	1	-	6	1:37	9.75	49:40	5:05	1	-	7	3:56
00 4	3.25	18:18	5:37	1	-	8	2:26	13.00	1:07:58	5:13	1	-	7	6:22
00 5	3.25	18:31	5:41	1	-	8	2:29	16.25	1:26:29	5:19	1	-	7	8:51
00 6	3.25	19:37	6:02	1	-	8	3:27	19.50	1:46:06	5:26	1	-	7	11:57
00 7	3.25	20:13	6:13	1	-	8	4:14	22.75	2:06:19	5:33	1	-	7	16:11
00 8	3.25	20:40	6:21	1	-	8	4:06	26.00	2:26:59	5:39	1	-	7	20:17
00 9	3.25	19:49	6:05	1	-	7	3:03	29.25	2:46:48	5:42	1	-	7	23:11
00 10	3.25	20:01	6:09	1	-	7	3:25	32.50	3:06:49	5:44	1	-	7	26:36
00 11	3.25	21:06	6:29	1	-	7	4:34	35.75	3:27:55	5:48	1	-	7	31:10
00 12	3.25	21:51	6:43	1	-	8	5:25	39.00	3:49:46	5:53	1	-	7	36:35
000 00	3.25	21:25	6:35	1	-	7	5:47	42.25	4:11:11	5:56	1	-	7	42:22