



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

□□□□

Neuhaus, Ilga

□□: Life is running

□□: 94

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 4:11:11

□□: 10.03 km/h

□□□□: 5:57 min/km

□□□□□/□□□□: 68 (of 114)

□□□□□/□: 7 (of 14)

□□□□□□: 3:28:49

□□□□□: 1(of 2)

□□□□□□□: 4:11:11

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 3.25 | 15:40 | 4:49 | 1 | - | 5 | 1:19 | 3.25 | 15:40 | 4:49 | 1 | - | 8 | 0:20 | |
| □□ 2 | 3.25 | 16:31 | 5:04 | 1 | - | 4 | 1:00 | 6.50 | 32:11 | 4:57 | 1 | - | 7 | 2:19 | |
| □□ 3 | 3.25 | 17:29 | 5:22 | 1 | - | 6 | 1:37 | 9.75 | 49:40 | 5:05 | 1 | - | 7 | 3:56 | |
| □□ 4 | 3.25 | 18:18 | 5:37 | 1 | - | 8 | 2:26 | 13.00 | 1:07:58 | 5:13 | 1 | - | 7 | 6:22 | |
| □□ 5 | 3.25 | 18:31 | 5:41 | 1 | - | 8 | 2:29 | 16.25 | 1:26:29 | 5:19 | 1 | - | 7 | 8:51 | |
| □□ 6 | 3.25 | 19:37 | 6:02 | 1 | - | 8 | 3:27 | 19.50 | 1:46:06 | 5:26 | 1 | - | 7 | 11:57 | |
| □□ 7 | 3.25 | 20:13 | 6:13 | 1 | - | 8 | 4:14 | 22.75 | 2:06:19 | 5:33 | 1 | - | 7 | 16:11 | |
| □□ 8 | 3.25 | 20:40 | 6:21 | 1 | - | 8 | 4:06 | 26.00 | 2:26:59 | 5:39 | 1 | - | 7 | 20:17 | |
| □□ 9 | 3.25 | 19:49 | 6:05 | 1 | - | 7 | 3:03 | 29.25 | 2:46:48 | 5:42 | 1 | - | 7 | 23:11 | |
| □□ 10 | 3.25 | 20:01 | 6:09 | 1 | - | 7 | 3:25 | 32.50 | 3:06:49 | 5:44 | 1 | - | 7 | 26:36 | |
| □□ 11 | 3.25 | 21:06 | 6:29 | 1 | - | 7 | 4:34 | 35.75 | 3:27:55 | 5:48 | 1 | - | 7 | 31:10 | |
| □□ 12 | 3.25 | 21:51 | 6:43 | 1 | - | 8 | 5:25 | 39.00 | 3:49:46 | 5:53 | 1 | - | 7 | 36:35 | |
| □□□ □□ | 3.25 | 21:25 | 6:35 | 1 | - | 7 | 5:47 | 42.25 | 4:11:11 | 5:56 | 1 | - | 7 | 42:22 | |