



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Albert, Florian

00: Frankfurt

00: 2

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:16:32

00: 9.82 km/h

0000: 6:04 min/km

00000/0000: 76 (of 114)

00000/0: 69 (of 100)

000000: 2:50:01

00000: 22(of 25)

0000000: 3:06:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	17:26	5:21	22	4:12	72	5:26	3.25	17:26	5:21	5		7	
00 2	3.25	17:37	5:25	22	3:50	68	4:55	6.50	35:03	5:23	5		7	
00 3	3.25	17:50	5:29	23	4:13	67	5:11	9.75	52:53	5:25	5	0:33	7	
00 4	3.25	18:16	5:37	24	4:44	69	5:39	13.00	1:11:09	5:28	5	1:25	7	
00 5	3.25	18:23	5:39	24	5:01	68	5:42	16.25	1:29:32	5:30	5	2:19	7	
00 6	3.25	18:16	5:37	22	4:50	61	5:21	19.50	1:47:48	5:31	5	3:03	7	
00 7	3.25	18:53	5:48	22	5:23	63	5:52	22.75	2:06:41	5:34	5	4:33	7	
00 8	3.25	19:53	6:07	20	5:31	67	6:38	26.00	2:26:34	5:38	5	4:13	7	
00 9	3.25	22:08	6:48	24	7:20	84	8:44	29.25	2:48:42	5:46	5	9:35	7	
00 10	3.25	22:37	6:57	22	7:39	80	9:04	32.50	3:11:19	5:53	5	14:24	7	0:52
00 11	3.25	21:37	6:39	21	6:48	68	8:05	35.75	3:32:56	5:57	5	17:38	7	2:32
00 12	3.25	22:34	6:56	20	7:22	71	8:37	39.00	3:55:30	6:02	5	21:28	7	4:34
000 00	3.25	21:02	6:28	19	6:27	57	7:17	42.25	4:16:32	6:04	22	1:10:24	69	1:26:31