



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Konstantinidis, Georg

00: LuT Aschaffenburg

00: 69

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:22:46

00: 9.59 km/h

0000: 6:13 min/km

00000/000: 81 (of 114)

00000/0: 73 (of 100)

000000: 2:50:01

00000: 23(of 25)

0000000: 3:06:08

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:04	5:33	24	4:50	77	6:04	3.25	18:04	5:33	4		3	
00 2	3.25	18:19	5:38	24	4:32	77	5:37	6.50	36:23	5:35	4	1:19	3	
00 3	3.25	17:06	5:15	17	3:29	51	4:27	9.75	53:29	5:29	4	1:09	3	
00 4	3.25	17:37	5:25	20	4:05	57	5:00	13.00	1:11:06	5:28	4	1:22	3	
00 5	3.25	18:08	5:34	22	4:46	63	5:27	16.25	1:29:14	5:29	4	2:01	3	
00 6	3.25	18:08	5:34	19	4:42	57	5:13	19.50	1:47:22	5:30	4	2:37	3	
00 7	3.25	18:59	5:50	23	5:29	66	5:58	22.75	2:06:21	5:33	4	4:13	3	
00 8	3.25	19:57	6:08	21	5:35	70	6:42	26.00	2:26:18	5:37	4	3:57	3	
00 9	3.25	21:17	6:32	23	6:29	76	7:53	29.25	2:47:35	5:43	4	8:28	3	
00 10	3.25	22:50	7:01	23	7:52	81	9:17	32.50	3:10:25	5:51	4	13:30	3	
00 11	3.25	22:38	6:57	23	7:49	72	9:06	35.75	3:33:03	5:57	4	17:45	3	2:39
00 12	3.25	25:14	7:45	24	10:02	87	11:17	39.00	3:58:17	6:06	4	24:15	3	7:21
000 00	3.25	24:29	7:31	24	9:54	85	10:44	42.25	4:22:46	6:13	23	1:16:38	73	1:32:45