



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Loose, Marc

00: Life is Running

00: 81

00: 42.25 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:23:43

00: 9.56 km/h

0000: 6:14 min/km

00000/000: 85 (of 114)

00000/0: 77 (of 100)

000000: 2:50:01

00000: 24(of 25)

0000000: 3:06:08

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	15:40	4:49	11	2:26	30	3:40	3.25	15:40	4:49	3	-	49	
00 2	3.25	16:23	5:02	11	2:36	37	3:41	6.50	32:03	4:55	3	-	49	
00 3	3.25	16:19	5:01	9	2:42	31	3:40	9.75	48:22	4:57	3	-	49	
00 4	3.25	17:22	5:20	17	3:50	51	4:45	13.00	1:05:44	5:03	3	-	49	
00 5	3.25	18:05	5:33	21	4:43	62	5:24	16.25	1:23:49	5:09	3	-	49	
00 6	3.25	18:51	5:48	23	5:25	66	5:56	19.50	1:42:40	5:15	3	-	49	
00 7	3.25	18:29	5:41	18	4:59	56	5:28	22.75	2:01:09	5:19	3	-	49	
00 8	3.25	21:44	6:41	25	7:22	89	8:29	26.00	2:22:53	5:29	3	0:32	49	
00 9	3.25	24:31	7:32	25	9:43	93	11:07	29.25	2:47:24	5:43	3	8:17	49	
00 10	3.25	24:27	7:31	25	9:29	92	10:54	32.50	3:11:51	5:54	3	14:56	49	1:24
00 11	3.25	25:31	7:51	25	10:42	92	11:59	35.75	3:37:22	6:04	3	22:04	49	6:58
00 12	3.25	23:17	7:09	21	8:05	74	9:20	39.00	4:00:39	6:10	3	26:37	49	9:43
000 00	3.25	23:04	7:05	21	8:29	74	9:19	42.25	4:23:43	6:14	24	1:17:35	77	1:33:42