



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

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Schramm, Kati

□□: KATIS PACE TEAM

□□: 122

□□: 42.25 km

Marathon

□□□□:

Seniorinnen W45 (45-49 Jahre)

□□□: 4:40:01

□□: 9.00 km/h

□□□□: 6:38 min/km

□□□□□/□□□: 98 (of 114)

□□□□□/□: 9 (of 14)

□□□□□□: 3:28:49

□□□□□: 2(of 2)

□□□□□□□: 3:47:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:21	5:57	2	1:54	12	5:00	3.25	19:21	5:57	2	1:54	10	4:01	
□□ 2	3.25	20:36	6:20	2	3:03	10	5:05	6.50	39:57	6:08	2	4:57	9	10:05	
□□ 3	3.25	20:42	6:22	2	3:12	10	4:50	9.75	1:00:39	6:13	2	8:09	9	14:55	
□□ 4	3.25	21:49	6:42	2	4:31	12	5:57	13.00	1:22:28	6:20	2	12:40	9	20:52	
□□ 5	3.25	20:44	6:22	2	3:27	10	4:42	16.25	1:43:12	6:21	2	16:07	9	25:34	
□□ 6	3.25	21:49	6:42	2	4:13	11	5:39	19.50	2:05:01	6:24	2	20:20	9	30:52	
□□ 7	3.25	22:13	6:50	2	4:33	11	6:14	22.75	2:27:14	6:28	2	24:53	9	37:06	
□□ 8	3.25	22:50	7:01	2	5:06	10	6:16	26.00	2:50:04	6:32	2	29:59	9	43:22	
□□ 9	3.25	23:17	7:09	2	5:12	11	6:31	29.25	3:13:21	6:36	2	35:11	9	49:44	
□□ 10	3.25	22:00	6:46	2	4:25	8	5:24	32.50	3:35:21	6:37	2	39:36	9	55:08	
□□ 11	3.25	21:49	6:42	2	4:20	8	5:17	35.75	3:57:10	6:38	2	43:56	9	1:00:25	
□□ 12	3.25	20:45	6:23	2	3:33	7	4:19	39.00	4:17:55	6:36	2	47:29	9	1:04:44	
□□□ □□	3.25	22:06	6:48	2	5:02	8	6:28	42.25	4:40:01	6:37	2	52:31	9	1:11:12	