



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

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Schmidt, Günter

□□: marathon4you.de

□□: 120

□□: 42.25 km

Marathon

□□□□:

Senioren M60 (60-64 Jahre)

□□□: 4:45:46

□□: 8.87 km/h

□□□□: 6:46 min/km

□□□□□/□□□□: 102 (of 114)

□□□□□/□: 92 (of 100)

□□□□□□: 2:50:01

□□□□□: 5(of 6)

□□□□□□□: 4:10:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:20	5:56	2	4:16	89	7:20	3.25	19:20	5:56	3	4:16	34	1:13	
□□ 2	3.25	19:53	6:07	4	3:32	92	7:11	6.50	39:13	6:01	5	7:48	4	2:14	
□□ 3	3.25	19:48	6:05	4	2:36	93	7:09	9.75	59:01	6:03	5	10:24	34	3:09	
□□ 4	3.25	20:02	6:09	4	2:17	92	7:25	13.00	1:19:03	6:04	5	12:41	34	3:46	
□□ 5	3.25	19:56	6:08	4	1:55	87	7:15	16.25	1:38:59	6:05	5	14:36	34	4:39	
□□ 6	3.25	20:28	6:17	3	2:08	88	7:33	19.50	1:59:27	6:07	5	16:44	34	5:41	
□□ 7	3.25	20:41	6:21	4	1:35	87	7:40	22.75	2:20:08	6:09	5	18:19	34	7:10	
□□ 8	3.25	22:18	6:51	5	2:43	92	9:03	26.00	2:42:26	6:14	5	21:02	34	10:58	
□□ 9	3.25	22:22	6:52	5	2:55	87	8:58	29.25	3:04:48	6:19	5	23:09	34	14:12	
□□ 10	3.25	25:08	7:44	5	5:14	93	11:35	32.50	3:29:56	6:27	5	27:15	34	19:29	
□□ 11	3.25	24:46	7:37	5	4:31	86	11:14	35.75	3:54:42	6:33	5	30:07	34	24:18	
□□ 12	3.25	23:35	7:15	5	3:26	77	9:38	39.00	4:18:17	6:37	5	31:10	34	27:21	
□□□ □□	3.25	27:29	8:27	6	7:14	96	13:44	42.25	4:45:46	6:45	5	35:30	92	1:55:45	