



# 8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

□□□□

Schmalfuß, Olaf

□□: Team Klinikum Nürnberg

□□: 118

□□: 42.25 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 4:47:17

□□: 8.77 km/h

□□□□: 6:48 min/km

□□□□□/□□□□: 103 (of 114)

□□□□□/□: 93 (of 100)

□□□□□□: 2:50:01

□□□□□: 9(of 10)

□□□□□□□: 3:17:19

□□□□

□□□□

□□□

| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 3.25     | 16:09    | 4:58         | 4       | 1:49    | 39      | 4:09    | 3.25  | 16:09     | 4:58      | 10            |         |         | 16      |         |
| □□ 2   | 3.25     | 17:59    | 5:31         | 7       | 3:36    | 74      | 5:17    | 6.50  | 34:08     | 5:15      | 10            | 0:14    |         | 33      |         |
| □□ 3   | 3.25     | 18:18    | 5:37         | 6       | 3:27    | 73      | 5:39    | 9.75  | 52:26     | 5:22      | 4             | 0:56    |         | 25      |         |
| □□ 4   | 3.25     | 18:08    | 5:34         | 5       | 3:01    | 67      | 5:31    | 13.00 | 1:10:34   | 5:25      | 10            | 0:22    |         | 33      |         |
| □□ 5   | 3.25     | 18:43    | 5:45         | 7       | 3:47    | 76      | 6:02    | 16.25 | 1:29:17   | 5:29      | 10            | 0:41    |         | 33      |         |
| □□ 6   | 3.25     | 19:00    | 5:50         | 6       | 3:54    | 69      | 6:05    | 19.50 | 1:48:17   | 5:33      | 9             | 19:34   |         | 33      |         |
| □□ 7   | 3.25     | 19:37    | 6:02         | 6       | 4:34    | 71      | 6:36    | 22.75 | 2:07:54   | 5:37      | 9             | 24:08   |         | 33      |         |
| □□ 8   | 3.25     | 21:41    | 6:40         | 8       | 6:24    | 86      | 8:26    | 26.00 | 2:29:35   | 5:45      | 9             | 30:32   |         | 33      |         |
| □□ 9   | 3.25     | 22:59    | 7:04         | 8       | 7:53    | 90      | 9:35    | 29.25 | 2:52:34   | 5:53      | 9             | 38:25   |         | 33      | 1:58    |
| □□ 10  | 3.25     | 24:10    | 7:26         | 9       | 8:45    | 89      | 10:37   | 32.50 | 3:16:44   | 6:03      | 9             | 47:10   |         | 33      | 6:17    |
| □□ 11  | 3.25     | 27:28    | 8:27         | 9       | 11:46   | 94      | 13:56   | 35.75 | 3:44:12   | 6:16      | 9             | 58:56   |         | 33      | 13:48   |
| □□ 12  | 3.25     | 28:30    | 8:46         | 9       | 12:06   | 96      | 14:33   | 39.00 | 4:12:42   | 6:28      | 9             | 1:11:02 |         | 33      | 21:46   |
| □□□ □□ | 3.25     | 34:35    | 10:38        | 9       | 18:56   | 98      | 20:50   | 42.25 | 4:47:17   | 6:47      | 9             | 1:29:58 |         | 93      | 1:57:16 |