



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Littwin, Gabriele

000: 4:53:30

00: LT Lippehasen

00: 8.59 km/h

00: 148

0000: 6:57 min/km

00: 42.25 km

00000/000: 104 (of 114)

Marathon

00000/0: 11 (of 14)

000000: 3:28:49

0000:

00000: 1(of 2)

Seniorinnen W55 (55-59 Jahre)

0000000: 4:53:30

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	22:14	6:50	2	1:32	14	7:53	3.25	22:14	6:50	1	-	12	6:54
00 2	3.25	20:50	6:24	1	-	11	5:19	6.50	43:04	6:37	1	-	11	13:12
00 3	3.25	21:35	6:38	1	-	12	5:43	9.75	1:04:39	6:37	1	-	11	18:55
00 4	3.25	21:23	6:34	1	-	10	5:31	13.00	1:26:02	6:37	1	-	11	24:26
00 5	3.25	21:20	6:33	1	-	11	5:18	16.25	1:47:22	6:36	1	-	11	29:44
00 6	3.25	21:36	6:38	1	-	10	5:26	19.50	2:08:58	6:36	1	-	11	34:49
00 7	3.25	21:48	6:42	1	-	10	5:49	22.75	2:30:46	6:37	1	-	11	40:38
00 8	3.25	22:19	6:51	1	-	9	5:45	26.00	2:53:05	6:39	1	-	11	46:23
00 9	3.25	22:49	7:01	1	-	9	6:03	29.25	3:15:54	6:41	1	-	11	52:17
00 10	3.25	24:06	7:24	1	-	11	7:30	32.50	3:40:00	6:46	1	-	11	59:47
00 11	3.25	24:04	7:24	1	-	11	7:32	35.75	4:04:04	6:49	1	-	11	1:07:19
00 12	3.25	24:48	7:37	1	-	12	8:22	39.00	4:28:52	6:53	1	-	11	1:15:41
000 00	3.25	24:38	7:34	1	-	12	9:00	42.25	4:53:30	6:56	1	-	11	1:24:41