



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

□□□□

Plückelmann, Willi

□□: Tus hamborn Neumühl

□□: 104

□□: 42.25 km

Marathon

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 5:48:07

□□: 7.24 km/h

□□□□: 8:14 min/km

□□□□□/□□□□: 112 (of 114)

□□□□□/□: 99 (of 100)

□□□□□□: 2:50:01

□□□□□: 4(of 4)

□□□□□□□: 4:14:40

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	22:12	6:49	4	6:27	100	10:12	3.25	22:12	6:49	4	6:27	27	4:05	
□□ 2	3.25	23:24	7:11	4	7:12	100	10:42	6.50	45:36	7:00	4	13:39	27	8:37	
□□ 3	3.25	22:31	6:55	3	6:05	98	9:52	9.75	1:08:07	6:59	4	19:44	27	12:15	
□□ 4	3.25	22:50	7:01	3	6:28	97	10:13	13.00	1:30:57	6:59	4	26:12	27	15:40	
□□ 5	3.25	23:27	7:12	3	4:54	98	10:46	16.25	1:54:24	7:02	4	31:06	27	20:04	
□□ 6	3.25	23:08	7:07	3	4:58	97	10:13	19.50	2:17:32	7:03	4	36:04	27	23:46	
□□ 7	3.25	22:38	6:57	2	3:49	94	9:37	22.75	2:40:10	7:02	4	39:53	27	27:12	
□□ 8	3.25	29:34	9:05	3	9:47	98	16:19	26.00	3:09:44	7:17	4	49:40	27	38:16	
□□ 9	3.25	33:16	10:14	4	12:29	99	19:52	29.25	3:43:00	7:37	4	1:02:09	27	52:24	
□□ 10	3.25	29:08	8:57	3	7:32	98	15:35	32.50	4:12:08	7:45	4	1:09:41	27	1:01:41	
□□ 11	3.25	31:51	9:48	4	7:15	99	18:19	35.75	4:43:59	7:56	4	1:16:56	27	1:13:35	
□□ 12	3.25	27:19	8:24	3	3:29	93	13:22	39.00	5:11:18	7:58	4	1:20:25	27	1:20:22	
□□□ □□	3.25	36:49	11:19	4	13:02	99	23:04	42.25	5:48:07	8:14	4	1:33:27	99	2:58:06	