



8. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 15.02.2014

0000

Heide, Peter

00: Schmalkalder LV

00: 1061

00: 9.75 km

10 km Lauf

0000:

Senioren M50 (50-54 Jahre)

000: 53:46

00: 10.04 km/h

0000: 5:31 min/km

00000/000: 83 (of 163)

00000/0: 69 (of 115)

000000: 34:41

00000: 10(of 20)

0000000: 42:41

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|--------|------|-------|--------|----|------|----|------|------|-------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| 00 1 | 3.25 | 16:44 | 5:08 | 9 | 2:58 | 57 | 5:32 | 3.25 | 16:44 | 5:08 | 12 | | 68 | 5:32 |
| 00 2 | 3.25 | 18:24 | 5:39 | 12 | 3:56 | 73 | 6:41 | 6.50 | 35:08 | 5:24 | 12 | 0:03 | 64 | 12:08 |
| 000 00 | 3.25 | 18:38 | 5:44 | 10 | 4:11 | 67 | 7:14 | 9.75 | 53:46 | 5:30 | 10 | 11:05 | 69 | 19:05 |