



9. Walk in Herne 2014  
Herne-Sodingen / 23.03.2014

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Kochskämper, Siegfried

□□: TV Beckum Wersewalker

□□: 20502

□□: 20.00 km

Herner Nordic Walk

□□□: 2:26:49

□□: 8.17 km/h

□□□□□□: 300

□□□□: 24.50

□□□□: 200 □