



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

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Kastenmiller, Marina

□□□: 1:50:15

□□: 21.77 km/h

□□: 423

□□: 40.80 km

Mitteldistanz

□□□□□/□□□: 67 (of 109)

□□□□□/□: 2 (of 9)

□□□□□□: 1:47:20

□□□□:

Masters weiblich

□□□□□: 2(of 3)

□□□□□□□: 1:47:20

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	44:14	21.70	2	2:23	2	2:23	16.30	44:14	21.70	2	2:23	2	2:23
□□ 2	20.40	55:30	21.62	2	0:40	2	0:40	36.70	1:39:44	21.66	2	3:03	2	3:03
□□□ □□	4.10	10:31	22.82	1	-	1	-	40.80	1:50:15	21.77	2	2:55	2	2:55