



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

□□□□

Vettermann, Arne

□□□: 2:08:38

□□: Team Specialized

□□: 28.45 km/h

□□: 321

□□: 61.20 km

□□□□□/□□□: 7 (of 28)

Langdistanz Lizenz

□□□□□/□: 7 (of 28)

□□□□□□: 2:02:10

□□□□:

□□□□□: 4(of 11)

Herren

□□□□□□□: 2:04:20

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	33:38	28.54	3	0:26	5	0:29	16.30	33:38	28.54	4			18
□□ 2	20.40	43:01	27.90	3	2:07	8	3:10	36.70	1:16:39	28.18	4	2:34		21
□□ 3	20.40	43:57	27.30	3	1:48	5	2:47	57.10	2:00:36	28.36	4	4:22		19
□□□ □□	4.10	8:02	29.88	1	-	6	0:58	61.20	2:08:38	28.45	4	4:18	7	6:28