



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

□□□□

Markworth, Hendrik

□□□: 2:08:53

□□: DDMC Solling e.V. / mtb11.de

□□: 28.40 km/h

□□: 247

□□: 61.20 km

□□□□□/□□□: 8 (of 28)

Langdistanz Lizenz

□□□□□/□: 8 (of 28)

□□□□□□: 2:02:10

□□□□:

□□□□□: 4(of 8)

Masters männlich

□□□□□□□: 2:02:10

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|-------|-------|-------|----|------|----|------|-------|---------|-------|----|------|----|------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| □□ 1 | 16.30 | 33:26 | 28.71 | 2 | 0:17 | 4 | 0:17 | 16.30 | 33:26 | 28.71 | 4 | 0:17 | 20 | |
| □□ 2 | 20.40 | 42:49 | 28.03 | 3 | 2:58 | 4 | 2:58 | 36.70 | 1:16:15 | 28.33 | 4 | 3:15 | 20 | |
| □□ 3 | 20.40 | 44:28 | 26.99 | 4 | 3:18 | 10 | 3:18 | 57.10 | 2:00:43 | 28.33 | 3 | 6:33 | 18 | |
| □□□ □□ | 4.10 | 8:10 | 29.39 | 3 | 0:21 | 9 | 1:06 | 61.20 | 2:08:53 | 28.40 | 4 | 6:43 | 8 | 6:43 |