



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

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Markworth, Hendrik

□□□: 2:08:53

□□: DDMC Solling e.V. / mtb11.de

□□: 28.40 km/h

□□: 247

□□: 61.20 km

□□□□□/□□□: 8 (of 28)

Langdistanz Lizenz

□□□□□/□: 8 (of 28)

□□□□□□: 2:02:10

□□□□:

□□□□□: 4(of 8)

Masters männlich

□□□□□□□: 2:02:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	33:26	28.71	2	0:17	4	0:17	16.30	33:26	28.71	4	0:17	20	
□□ 2	20.40	42:49	28.03	3	2:58	4	2:58	36.70	1:16:15	28.33	4	3:15	20	
□□ 3	20.40	44:28	26.99	4	3:18	10	3:18	57.10	2:00:43	28.33	3	6:33	18	
□□□ □□	4.10	8:10	29.39	3	0:21	9	1:06	61.20	2:08:53	28.40	4	6:43	8	6:43