



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

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Carl, Norman

□□□: 2:09:19

□□: Nordharzer Racing Team Bergamont

□□: 28.30 km/h

□□: 425

□□: 61.20 km

□□□□□/□□□: 10 (of 28)

Langdistanz Lizenz

□□□□□/□: 10 (of 28)

□□□□□□: 2:02:10

□□□□:

□□□□□: 5(of 8)

Masters männlich

□□□□□□□: 2:02:10

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	33:38	28.54	3	0:29	5	0:29	16.30	33:38	28.54	5	0:29	18	
□□ 2	20.40	42:58	27.93	4	3:07	7	3:07	36.70	1:16:36	28.20	5	3:36	18	
□□ 3	20.40	44:17	27.10	3	3:07	7	3:07	57.10	2:00:53	28.29	4	6:43	16	
□□□ □□	4.10	8:26	28.46	4	0:37	11	1:22	61.20	2:09:19	28.30	5	7:09	10	7:09