



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

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Binnewies, Carsten

□□□: 2:32:10

□□: BikeDorado Südtirol

□□: 24.05 km/h

□□: 281

□□: 61.20 km

□□□□□/□□□: 13 (of 30)

Langdistanz

□□□□□/□: 13 (of 27)

□□□□□□: 2:09:18

□□□□:

□□□□□: 5(of 8)

Senioren I

□□□□□□□: 2:09:18

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	39:52	24.08	5	6:12	15	6:12	16.30	39:52	24.08	5	6:12	15	1:07
□□ 2	20.40	50:35	23.72	5	7:35	14	50:31	36.70	1:30:27	23.88	5	13:47	15	0:31
□□ 3	20.40	51:45	23.19	5	7:30	13	7:30	57.10	2:22:12	24.05	5	21:17	1	-
□□□ □□	4.10	9:58	24.08	5	1:35	14	1:35	61.20	2:32:10	24.05	5	22:52	13	22:52