



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

□□□□

Krosch, Silvio

□□□: 2:38:39

□□: Bad Bikers Mtb-Sport e.V.

□□: 23.07 km/h

□□: 263

□□: 61.20 km

□□□□□/□□□: 19 (of 30)

Langdistanz

□□□□□/□: 19 (of 27)

□□□□□□: 2:09:18

□□□□:

□□□□□: 7(of 8)

Masters männlich

□□□□□□□: 2:17:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	40:58	23.43	6	4:52	19	7:18	16.30	40:58	23.43	7	4:52	8	2:13
□□ 2	20.40	51:55	23.11	7	6:24	18	51:51	36.70	1:32:53	23.25	7	11:15	8	2:57
□□ 3	20.40	55:58	21.44	7	9:04	20	11:43	57.10	2:28:51	22.98	7	20:19	8	6:39
□□□ □□	4.10	9:48	24.49	5	1:06	12	1:25	61.20	2:38:39	23.07	7	21:10	19	29:21