



7. Lönskrug \"Warm-up-Marathon\"
Hellental (Gemeinde Heinade) / 06.04.2014

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Müller, Vanessa

□□□: 2:53:56

□□: MTB Race Team Höxter

□□: 13.80 km/h

□□: 46

□□: 40.80 km

□□□□□/□□□: 107 (of 109)

Mitteldistanz

□□□□□/□: 9 (of 9)

□□□□□□: 1:47:20

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□□□□□: 3(of 3)

Damen

□□□□□□□: 1:56:33

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	1:01:04	15.72	3	15:49	9	19:13	16.30	1:01:04	15.72	3	15:49	9	19:13
□□ 2	20.40	1:32:08	13.02	3	32:25	9	37:18	36.70	2:33:12	14.10	3	48:14	9	56:31
□□□ □□	4.10	20:44	11.58	3	9:09	9	10:13	40.80	2:53:56	13.80	3	57:23	9	1:06:36