



7. Lönskrug \"Warm-up-Marathon\"
 Hellental (Gemeinde Heinade) / 06.04.2014

0000

W, Kerstin

000: 1:20:02

00: RSG Nordharz

00: 14.99 km/h

00: 323

00: 20.40 km

00000/000: 30 (of 31)

Kurzdistanz

00000/0: 4 (of 4)

000000: 59:54

0000:

00000: 3(of 3)

Seniorinnen I

0000000: 1:01:55

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	16.30	1:03:23	15.15	3	12:57	4	15:18	16.30	1:03:23	15.15	3	12:57	4	15:18
000 00	4.10	16:39	14.41	3	5:10	4	5:10	20.40	1:20:02	14.99	3	18:07	4	20:08