



7. Lönskrug \"Warm-up-Marathon\"  
Hellental (Gemeinde Heinade) / 06.04.2014

0000

Koch, Lars

000: 1:35:20

00: MTB RACE TEAM HÖXTER

00: 25.17 km/h

00: 36

00: 40.80 km

00000/000: 24 (of 109)

Mitteldistanz

00000/0: 24 (of 100)

000000: 1:24:36

0000:

00000: 12(of 36)

Senioren I

0000000: 1:30:20

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00	
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0	
00 1	16.30	37:03	25.91	4	1:36	11	3:30	16.30	37:03	25.91	30	-	-	52	
00 2	20.40	48:21	24.82	10	2:26	21	5:30	36.70	1:25:24	25.29	30	-	-	50	
000 00	4.10	9:56	24.16	20	1:20	44	1:44	40.80	1:35:20	25.17	12	5:00	24	10:44	