



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

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Jaich, Marcus

□□: Mannheim

□□: 183

Enduro U13

□□□□:

Senioren M45

□□□: 11:54:10

□□: - km/h

□□□□: 7:04 min/km

□□□□□/□□□: 32 (of 98)

□□□□□/□: 26 (of 84)

□□□□□□: 8:25:02

□□□□□: 7(of 15)

□□□□□□□: 8:25:02

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:14:00	6:52	9	44:35	37	44:35	19.50	2:14:00	6:52	7	44:35	81		
Kühude	20.50	2:16:53	6:40	8	41:14	32	41:14	40.00	4:30:53	6:46	7	1:25:49	80		
Rhein-Weser-Tur	17.00	1:54:39	6:44	6	30:30	23	41:54	57.00	6:25:32	6:45	7	1:56:19	80		
Kühude	17.00	2:02:18	7:11	6	32:20	19	35:07	74.00	8:27:50	6:51	7	2:28:39	81		
Nasse Wiese	20.50	2:46:48	8:08	6	51:49	26	51:49	94.50	11:14:38	7:08	7	3:20:28	77		
Ziel	6.50	39:32	6:04	6	8:40	22	11:15	-	11:54:10	-	7	3:29:08	26	3:29:08	