



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

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Peters, Marcel

□□: Team Raidlight

□□: 1555

□□: 101.00 km

101 km Lauf

□□□□:

Männer

□□□: 13:27:38

□□: 7.50 km/h

□□□□: 8:00 min/km

□□□□□/□□□□: 64 (of 98)

□□□□□/□: 53 (of 84)

□□□□□□: 8:25:02

□□□□□: 1(of 3)

□□□□□□□: 13:27:38

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:31:31	7:46	3	14:59	75	1:02:06	19.50	2:31:31	7:46	1	-	1	-	
Kühude	20.50	2:33:17	7:28	3	7:45	58	57:38	40.00	5:04:48	7:37	1	-	1	-	
Rhein-Weser-Tur	17.00	2:13:40	7:51	1	-	53	1:00:55	57.00	7:18:28	7:41	1	-	1	-	
Kühude	17.00	2:21:22	8:18	1	-	42	54:11	74.00	9:39:50	7:50	1	-	1	-	
Nasse Wiese	20.50	2:57:56	8:40	1	-	38	1:02:57	94.50	12:37:46	8:01	1	-	1	-	
Ziel	6.50	49:52	7:40	1	-	52	21:35	101.00	13:27:38	7:59	1	-	53	5:02:36	