



# 8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

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Hempel, Hartmut

□□: LSF-Unna-2000

□□: 1604

Enduro Short U15 & 4Fun

□□□□:

Senioren M70

□□□: 7:58:46

□□: - km/h

□□□□: 7:09 min/km

□□□□□/□□□: 49 (of 80)

□□□□□/□: 38 (of 60)

□□□□□□: 4:42:05

□□□□□: 1(of 2)

□□□□□□□: 7:58:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:12:38	6:48	1	-	41	49:50	19.50	2:12:38	6:48	1	-	9	
Kühude	20.50	2:25:33	7:06	1	-	44	59:28	40.00	4:38:11	6:57	1	-	9	0:03
Nasse Wiese	20.50	2:44:45	8:02	1	-	43	1:17:47	60.50	7:22:56	7:19	1	-	9	
Ziel	6.50	35:50	5:30	1	-	26	11:37	-	7:58:46	-	1	-	38	3:16:41