



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

□□□□

Larisch, Eveline

□□□: 8:51:37

□□: LG Oerlighausen/Team Erdinger Alkoholfrei

□□: 7.56 km/h

□□: 308

□□□□: 7:56 min/km

□□: 67.00 km

□□□□□/□□□: 66 (of 80)

67 km Lauf

□□□□□/□: 15 (of 20)

□□□□□□: 5:43:06

□□□□:

□□□□□: 4(of 4)

Seniorinnen W35

□□□□□□□: 6:11:45

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Nasse Wiese | 19.50 | 2:33:09 | 7:51 | 3 | 46:25 | 14 | 50:51 | 19.50 | 2:33:09 | 7:51 | 3 | 46:25 | 7 | 12:31 | |
| Kühude | 20.50 | 2:40:33 | 7:49 | 3 | 48:48 | 14 | 55:21 | 40.00 | 5:13:42 | 7:50 | 4 | 1:35:13 | 7 | 34:07 | |
| Nasse Wiese | 20.50 | 2:56:51 | 8:37 | 4 | 56:40 | 16 | 1:09:28 | 60.50 | 8:10:33 | 8:06 | 4 | 2:31:53 | 7 | 58:19 | |
| Ziel | 6.50 | 41:04 | 6:19 | 3 | 9:49 | 13 | 12:51 | 67.00 | 8:51:37 | 7:56 | 4 | 2:39:52 | 15 | 3:08:31 | |