



# 5. Race to Sky

Boffzen (Grillhütte) / 10.05.2014

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Gomes, Helder

□□: DDMC Solling e.V

□□: 23

□□: 29.30 km

Damen/Herren, Senioren/Seniorinnen

□□□□:

Senioren II

□□□: 1:38:20

□□: 17.69 km/h

□□□□□/□□□: 21 (of 50)

□□□□□/□: 21 (of 43)

□□□□□□: 1:22:45

□□□□□: 5(of 11)

□□□□□□□: 1:29:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
MP 1	1.70	3:58	15.13	5	0:15	18	0:24	1.70	3:58	15.13	6		5	
MP 2	1.00	4:40	12.86	3	0:36	17	0:43	2.70	8:38	13.90	6		5	
MP 3	2.10	4:48	25.00	1	-	5	0:24	4.80	13:26	17.87	6		5	
Lap	1.70	5:59	10.03	4	0:24	20	0:51	6.50	19:25	18.54	6		5	
MP 1	0.90	2:16	0.00	5	0:07	20	0:15	7.40	21:41	19.37	6		4	
MP 2	1.00	5:18	11.32	5	0:45	21	1:14	8.40	26:59	17.79	6		4	
MP 3	2.10	5:11	23.15	5	0:15	17	0:36	10.50	32:10	18.65	6		4	
Lap	1.70	6:07	9.81	3	0:32	16	0:55	12.20	38:17	18.81	6		4	
MP 1	0.90	2:19	0.00	2	0:06	12	0:13	13.10	40:36	19.21	4		2	
MP 2	1.00	5:38	10.65	6	1:02	26	1:29	14.10	46:14	18.17	6		4	
MP 3	2.10	5:10	23.23	4	0:12	20	0:31	16.20	51:24	18.68	6		4	
Lap	1.70	5:55	10.14	3	0:10	13	0:35	17.90	57:19	17.80	5	3:39	3	
MP 1	0.90	2:23	0.00	3	0:07	13	0:13	18.80	59:42	18.09	5	3:39	3	
MP 2	1.00	5:40	10.59	6	1:08	24	1:29	19.80	1:05:22	17.44	5	4:47	3	
MP 3	2.10	5:11	23.15	5	0:10	19	0:35	21.90	1:10:33	17.86	5	4:51	3	
Lap	1.70	6:37	9.07	5	0:46	21	1:04	23.60	1:17:10	17.88	5	5:30	2	
MP 1	0.90	2:50	0.00	9	0:32	33	0:40	24.50	1:20:00	18.00	5	5:58	2	
MP 2	1.00	5:47	10.37	4	1:07	23	1:31	25.50	1:25:47	17.49	5	7:05	2	
MP 3	2.10	5:25	22.15	6	0:24	22	0:41	27.60	1:31:12	17.76	5	7:28	2	
□□	1.70	7:08	8.41	7	1:13	26	1:38	29.30	1:38:20	17.69	5	8:41	21	15:35