



5. Race to Sky

Boffzen (Grillhütte) / 10.05.2014

□□□□

Gomes, Helder

□□: DDMC Solling e.V

□□: 23

□□: 29.30 km

Damen/Herren, Senioren/Seniorinnen

□□□□:

Senioren II

□□□: 1:38:20

□□: 17.88 km/h

□□□□□/□□□: 21 (of 50)

□□□□□/□: 21 (of 43)

□□□□□□: 1:22:45

□□□□□: 5(of 11)

□□□□□□□: 1:29:39

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
MP 1	1.70	3:58	25.71	5	0:15	18	0:24	1.70	3:58	25.71	6		5	
MP 2	1.00	4:40	12.86	3	0:36	17	0:43	2.70	8:38	18.76	6		5	
MP 3	2.10	4:48	26.25	1	-	5	0:24	4.80	13:26	21.44	6		5	
Lap	1.70	5:59	17.05	4	0:24	20	0:51	6.50	19:25	20.09	6		5	
MP 1	0.90	2:16	23.82	5	0:07	20	0:15	7.40	21:41	20.48	6		4	
MP 2	1.00	5:18	11.32	5	0:45	21	1:14	8.40	26:59	18.68	6		4	
MP 3	2.10	5:11	24.31	5	0:15	17	0:36	10.50	32:10	19.59	6		4	
Lap	1.70	6:07	16.68	3	0:32	16	0:55	12.20	38:17	19.12	6		4	
MP 1	0.90	2:19	23.31	2	0:06	12	0:13	13.10	40:36	19.36	4		2	
MP 2	1.00	5:38	10.65	6	1:02	26	1:29	14.10	46:14	18.30	6		4	
MP 3	2.10	5:10	24.39	4	0:12	20	0:31	16.20	51:24	18.91	6		4	
Lap	1.70	5:55	17.24	3	0:10	13	0:35	17.90	57:19	18.74	5	3:39	3	
MP 1	0.90	2:23	22.66	3	0:07	13	0:13	18.80	59:42	18.89	5	3:39	3	
MP 2	1.00	5:40	10.59	6	1:08	24	1:29	19.80	1:05:22	18.17	5	4:47	3	
MP 3	2.10	5:11	24.31	5	0:10	19	0:35	21.90	1:10:33	18.63	5	4:51	3	
Lap	1.70	6:37	15.42	5	0:46	21	1:04	23.60	1:17:10	18.35	5	5:30	2	
MP 1	0.90	2:50	19.06	9	0:32	33	0:40	24.50	1:20:00	18.38	5	5:58	2	
MP 2	1.00	5:47	10.37	4	1:07	23	1:31	25.50	1:25:47	17.84	5	7:05	2	
MP 3	2.10	5:25	23.26	6	0:24	22	0:41	27.60	1:31:12	18.16	5	7:28	2	
□□	1.70	7:08	14.30	7	1:13	26	1:38	29.30	1:38:20	17.88	5	8:41	21	15:35