



15. Harzer Mountainbike Event 2014

Altenau (Oberharz) / 24.05.2014

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Früchtenicht, Henning

□□□: 4:11:21

□□: RSC Oldenburg

□□: 19.81 km/h

□□: 282

□□: 83.00 km

□□□□□/□□□: 40 (of 124)

Marathon Mitteldistanz

□□□□□/□: 40 (of 114)

□□□□□□: 3:23:53

□□□□:

□□□□□: 7(of 20)

Senioren 2

□□□□□□□: 3:32:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	16:18	25.77	6	2:02	38	2:17	7.70	16:18	25.77	12			63
Bergwertung Enc	2.00	8:45	13.71	8	1:06	44	1:50	9.70	25:03	21.56	12	0:19		63
Trailwertung Anf	22.00	1:04:31	20.46	9	7:46	43	10:43	31.70	1:29:34	20.77	12			55
Trailwertung End	1.20	3:57	15.19	4	0:07	24	0:46	32.90	1:33:31	20.53	12			55
Runde	8.80	25:21	18.93	10	3:25	55	5:13	41.70	1:58:52	20.70	12			52
Bergwertung Anf	7.50	20:00	21.00	12	4:22	62	5:15	49.20	2:18:52	21.17	12			75
Bergwertung Enc	2.00	9:46	12.29	7	1:54	42	2:01	51.20	2:28:38	20.59	12			75
Trailwertung Anf	22.00	1:10:42	18.67	9	12:08	41	13:23	73.20	3:39:20	19.97	12			75
Trailwertung End	1.20	4:14	14.17	4	0:13	15	0:52	74.40	3:43:34	19.86	12			75
Runde	8.60	27:47	17.28	10	6:14	52	7:01	83.00	4:11:21	19.81	7	39:04	40	47:28