



15. Harzer Mountainbike Event 2014

Altenau (Oberharz) / 24.05.2014

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Menthel, Roland

□□□: 4:23:46

□□: Schwielowsee

□□: 18.88 km/h

□□: 375

□□: 83.00 km

□□□□□/□□□: 55 (of 124)

Marathon Mitteldistanz

□□□□□/□: 54 (of 114)

□□□□□□: 3:23:53

□□□□:

□□□□□: 16(of 42)

Senioren

□□□□□□□: 3:23:53

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	16:50	27.45	21	2:46	57	2:49	7.70	16:50	27.45	7	-	76	
Bergwertung Enc	2.00	9:48	12.24	33	2:53	94	2:53	9.70	26:38	21.85	7	-	76	
Trailwertung Anf	22.00	1:07:29	19.56	21	13:38	60	13:41	31.70	1:34:07	20.21	5	-	68	
Trailwertung End	1.20	4:25	16.30	17	1:05	51	1:14	32.90	1:38:32	20.03	5	-	68	
Runde	8.80	25:39	20.58	18	5:01	61	5:31	41.70	2:04:11	20.15	4	-	65	
Bergwertung Anf	7.50	19:24	23.20	16	3:59	56	4:39	49.20	2:23:35	20.56	1	-	12	
Bergwertung Enc	2.00	11:08	10.78	20	3:19	68	3:23	51.20	2:34:43	19.86	1	-	16	1:30
Trailwertung Anf	22.00	1:16:10	17.33	21	18:46	63	18:51	73.20	3:50:53	19.02	1	-	17	0:01
Trailwertung End	1.20	4:37	15.60	12	0:57	34	1:15	74.40	3:55:30	18.96	1	-	17	0:01
Runde	8.60	28:16	18.25	16	7:30	57	7:30	83.00	4:23:46	18.88	16	59:53	54	59:53