



15. Harzer Mountainbike Event 2014

Altenau (Oberharz) / 24.05.2014

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Lanzke, Holger

□□□: 4:32:23

□□: Dont drink and race

□□: 18.28 km/h

□□: 368

□□: 83.00 km

□□□□□/□□□: 73 (of 124)

Marathon Mitteldistanz

□□□□□/□: 70 (of 114)

□□□□□□: 3:23:53

□□□□:

□□□□□: 36(of 52)

Herren

□□□□□□□: 3:23:54

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Bergwertung Anf	7.70	17:56	23.42	33	3:55	71	3:55	7.70	17:56	23.42	18		91	
Bergwertung Enc	2.00	9:02	13.28	33	2:06	62	2:07	9.70	26:58	20.02	18	0:07	91	
Trailwertung Anf	22.00	1:08:07	19.38	30	14:19	64	14:19	31.70	1:35:05	19.56	16		83	
Trailwertung End	1.20	5:10	11.61	43	1:59	89	1:59	32.90	1:40:15	19.15	16		83	
Runde	8.80	26:46	17.93	42	6:38	78	6:38	41.70	2:07:01	19.37	16	2:02	80	
Bergwertung Anf	7.50	21:10	19.84	38	6:25	74	6:25	49.20	2:28:11	19.84	13	0:05	2	4:35
Bergwertung Enc	2.00	11:13	10.70	37	3:28	70	3:28	51.20	2:39:24	19.20	14	0:37	13	6:11
Trailwertung Anf	22.00	1:18:28	16.82	36	21:09	69	21:09	73.20	3:57:52	18.41	14	4:32	2	7:00
Trailwertung End	1.20	5:36	10.71	39	2:14	73	2:14	74.40	4:03:28	18.24	14	5:01	2	7:59
Runde	8.60	28:55	16.60	31	7:20	60	8:09	83.00	4:32:23	18.28	36	1:08:29	70	1:08:30