



15. Harzer Mountainbike Event 2014

Altenau (Oberharz) / 24.05.2014

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Flechtner, Olaf

□□□: 6:30:09

□□: Triathlon Team Braunschweig

□□: 19.07 km/h

□□: 515

□□: 124.60 km

□□□□□/□□□: 25 (of 43)

Marathon Langdistanz

□□□□□/□: 24 (of 42)

□□□□□□: 4:59:56

□□□□:

□□□□□: 5(of 9)

Senioren

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
Bergwertung Anf	7.70	25:45	16.31	9	11:43	41	11:45	7.70	25:45	16.31	8	6:48	18	8:57
Bergwertung Enc	2.00	9:10	13.09	5	2:18	30	2:29	9.70	34:55	15.47	8	5:46	18	9:46
Trailwertung Anf	22.00	1:04:28	20.48	5	8:33	24	10:40	31.70	1:39:23	18.72	8		17	12:53
Trailwertung End	1.20	4:21	13.79	5	1:17	24	1:22	32.90	1:43:44	18.51	8		17	13:18
Runde	8.80	24:31	19.58	4	3:51	25	4:51	41.70	2:08:15	19.18	8		18	14:21
Bergwertung Anf	7.40	18:15	23.01	5	3:14	27	3:31	49.10	2:26:30	20.07	8		17	15:08
Bergwertung Enc	2.00	9:30	12.63	3	2:00	24	2:17	51.10	2:36:00	19.62	8		17	15:32
Trailwertung Anf	22.00	1:08:37	19.24	5	13:33	26	13:33	73.10	3:44:37	19.50	8		17	19:29
Trailwertung End	1.20	4:34	13.14	5	1:10	23	1:28	74.30	3:49:11	19.37	8		17	19:50
Runde	8.80	26:41	17.99	3	6:10	22	6:11	83.10	4:15:52	19.46	8		16	8:30
Bergwertung Anf	7.70	19:38	21.39	4	4:24	21	4:24	90.80	4:35:30	19.60	5	58:13	5	31:54
Bergwertung Enc	2.00	10:33	11.37	5	2:39	23	3:17	92.80	4:46:03	19.30	5	1:00:52	5	32:28
Trailwertung Anf	22.00	1:12:02	18.32	5	15:27	22	18:25	114.80	5:58:05	19.10	5	1:16:19	5	36:36
Trailwertung End	1.20	4:43	12.72	5	1:04	23	1:30	116.00	6:02:48	19.18	5	1:17:23	5	37:00
Runde	8.60	27:21	17.55	4	2:23	24	8:13	124.60	6:30:09	19.07	5	1:17:26	24	1:30:13